# Metabolic control of $T_{\rm H}17$ and induced $T_{\rm reg}$ cell balance by an epigenetic mechanism

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Metabolism has been shown to integrate with epigenetics and transcription to modulate cell fate and function<sup>1-3</sup>. Beyond meeting the bioenergetic and biosynthetic demands of T-cell differentiation<sup>4-8</sup>, whether metabolism might control T-cell fate by an epigenetic mechanism is unclear. Here, through the discovery and mechanistic characterization of a small molecule, (aminooxy)acetic acid, that reprograms the differentiation of T helper 17  $(T_H 17)$  cells towards induced regulatory T (iT<sub>reg</sub>) cells, we show that increased transamination, mainly catalysed by GOT1, leads to increased levels of 2-hydroxyglutarate in differentiating  $T_H 17$  cells. The accumulation of 2-hydroxyglutarate resulted in hypermethylation of the Foxp3 gene locus and inhibited Foxp3 transcription, which is essential for fate determination towards T<sub>H</sub>17 cells. Inhibition of the conversion of glutamate to  $\alpha$ -ketoglutaric acid prevented the production of 2-hydroxyglutarate, reduced methylation of the Foxp3 gene locus, and increased Foxp3 expression. This consequently blocked the differentiation of T<sub>H</sub>17 cells by antagonizing the function of transcription factor ROR $\gamma$ t and promoted polarization into iT<sub>reg</sub> cells. Selective inhibition of GOT1 with (aminooxy)acetic acid ameliorated experimental autoimmune encephalomyelitis in a therapeutic mouse model by regulating the balance between  $T_H 17$ and iT<sub>reg</sub> cells. Targeting a glutamate-dependent metabolic pathway thus represents a new strategy for developing therapeutic agents against T<sub>H</sub>17-mediated autoimmune diseases.

To identify small molecules that reprogram T<sub>H</sub>17 differentiation towards iT<sub>reg</sub> cell fate, we screened 10,000 small molecules using CD4<sup>+</sup> naive T cells from IL-17F-RFP/FOXP3-GFP mice cultured under optimal T<sub>H</sub>17 differentiation conditions<sup>9</sup> (Extended Data Fig. 1a). A small molecule, (aminooxy)acetic acid (AOA), was found to reprogram  $T_H 17$  induction to  $iT_{reg}$  cells in a dose-dependent manner (Fig. 1a and Extended Data Fig. 1b). Notably, treatment with AOA increased the phosphorylation of AMPK $\alpha$  in T<sub>H</sub>17 cells, characteristic of T<sub>reg</sub> cells, without affecting mechanistic target of rapamycin (mTOR) activity and c-Myc expression (Extended Data Fig. 1c). In addition, AOA-treated T<sub>H</sub>17 cells had a similar slow proliferation rate to iT<sub>reg</sub> cells (Extended Data Fig. 1d); however, the effect of AOA on cell proliferation did not impair cell survival or the ability of these T cells to differentiate into iT<sub>reg</sub> cells under T<sub>H</sub>17 cell differentiation conditions (Fig. 1a, b and Extended Data Fig. 1b, f). Notably, AOA dose-dependently promoted the induction of iT<sub>reg</sub> cells, even under iT<sub>reg</sub> cell culture conditions (Fig. 1c and Extended Data Fig. 1e), suggesting that AOA may directly regulate FOXP3 expression and the iTreg cell program. Furthermore, AOA selectively reduced the mRNA levels of *Il17a* and *Il17f*, but not *Rorc*, in  $T_H 17$  cells and promoted the transcription of *Foxp3* in  $T_H 17$ and  $iT_{reg}$  cells (Fig. 1b, d).

AOA inhibits pyridoxal-5'-phosphate-dependent transaminases, which mediate the interconversion of  $\alpha$ -amino and  $\alpha$ -keto acids in

a reductive amination, in which the redox balance of the reaction is maintained by concomitant conversion of glutamate (nitrogen donor) into  $\alpha$ -ketoglutaric acid ( $\alpha$ -KG)<sup>10,11</sup>. Thus, the pyridoxal-5'-phosphate/ glutamate-dependent transaminase(s) involved in T-cell differentiation can be deduced by measuring stable isotopic label accumulation into various amino acids for differentiating T<sub>H</sub>17 cells or iT<sub>reg</sub> cells fed with [<sup>15</sup>N]α-glutamine (Extended Data Fig. 2a). To identify the major target of AOA in T-cell differentiation, and determine whether  $T_{\rm H}17$  and iT<sub>reg</sub> cells undergo active yet lineage-distinct transamination processes, T cells differentiated under  $T_H 17$  or  $iT_{reg}$  cell culture conditions were cultured with medium containing 2 mM [<sup>15</sup>N] $\alpha$ -glutamine for 4h, and free intracellular [<sup>15</sup>N]amino acids were analysed by liquid chromatography-mass spectrometry (LC-MS). Notably, the concentration of  $[^{15}N]\alpha$ -aspartate is 10-fold higher in differentiating T<sub>H</sub>17 cells and  $iT_{\text{reg}}$  cells than the concentration of other detectable  $\breve{[}^{15}\breve{N}]amino$ acids (Fig. 1e). Moreover, approximately 50% of the cellular aspartate pool was labelled with <sup>15</sup>N, in contrast to the relatively low fractional labelling for a few other amino acids (Extended Data Fig. 2). In addition, AOA treatment reduced the total intracellular concentration of  $[^{15}N]\alpha$ -aspartate by 90% and 75% in differentiating T<sub>H</sub>17 cells and iT<sub>reg</sub> cells, respectively (Fig. 1e). These data suggest that a primary fate of the amino group of glutamate in differentiating T<sub>H</sub>17 cells and iT<sub>reg</sub> cells was for biosynthesis of aspartic acid catalysed by glutamate oxaloacetate transaminase 1 and 2 (GOT1 and GOT2), and also that GOT1 and GOT2 serve as the major transaminases catalysing the conversion of glutamate into  $\alpha$ -KG in these cells. Consistently, GOT1 was the only transaminase highly and differentially expressed in  $T_H 17$  and  $iT_{reg}$  cells (Fig. 1f), further suggesting an important mechanistic link for GOT1 activity in the fate determination of T<sub>H</sub>17 cell differentiation. Short hairpin RNA (shRNA) knockdown of GOT1 in differentiating T<sub>H</sub>17 cells inhibited T<sub>H</sub>17 cell differentiation and reciprocally increased iT<sub>reg</sub> cell differentiation (Fig. 1g, h). The effect of Got1 shRNA could not be further increased by AOA (Extended Data Fig. 2d), also confirming the suggestion that GOT1 is the main target of AOA during T<sub>H</sub>17 cell differentiation.

To explore how GOT1-dependent transamination regulates  $T_{\rm H}17$  cell differentiation, we profiled intracellular metabolite levels after AOA treatment by LC–MS metabolomics in differentiating  $T_{\rm H}17$  and  $iT_{\rm reg}$  cells (day 2.5). Differentiating  $T_{\rm H}17$  cells showed a slight increase in several tricarboxylic acid (TCA) cycle intermediates, such as  $\alpha$ -KG, succinate, fumarate, malate and citrate, compared with differentiating i $T_{\rm reg}$  cells, and their abundance was partially reduced by AOA in both differentiating conditions (Fig. 2a and Extended Data Fig. 3). Notably, among all of the metabolites detected, 2-hydroxyglutarate (2-HG), which is the direct product of error-prone dehydrogenase activity on the  $\alpha$ -KG substrate, exhibits the most significantly increased level in  $T_{\rm H}17$  cells relative to  $iT_{\rm reg}$  cells (Fig. 2a). Differentiating  $T_{\rm H}17$  cells maintained

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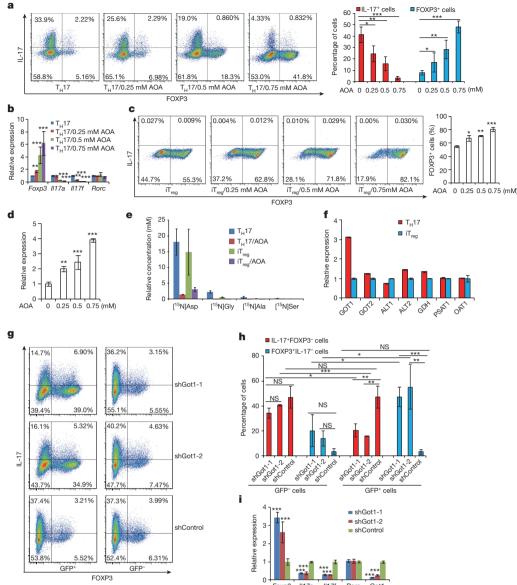


Figure 1 | AOA reprograms  $T_H 17$  cell differentiation towards  $iT_{reg}$  cells by inhibiting GOT1. a, AOA reprograms  $T_H 17$  cell differentiation towards FOXP3<sup>+</sup> iT<sub>reg</sub> cells. b, mRNA expression in cells from a. c, AOA promotes iT<sub>reg</sub> cell induction under iT<sub>reg</sub> cell conditions. d, *Foxp3* mRNA expression from cells in c. e, GOT1 and GOT2 are the major transaminases catalysing glutamate flux into  $\alpha$ -KG. Data are mean  $\pm$  s.d. of three replicates from a representative experiment. f, GOT1 is highly upregulated under T<sub>H</sub>17 cell conditions. g, shRNA knockdown of GOT1 (using shGot1-1 and shGot1-2) reduced T<sub>H</sub>17 cell differentiation and reciprocally increased

approximately 5–10-fold greater levels of 2-HG compared to iT<sub>reg</sub> cells along the differentiation timeline (Fig. 2a and Extended Data Fig. 3b), with intracellular levels quantified to be approximately 0.2 mM. Indeed, AOA reduced the steady-state levels of 2-HG by 75% and 50% in differentiating T<sub>H</sub>17 and iT<sub>reg</sub> cells, respectively (Fig. 2a and Extended Data Fig. 3), suggesting that 2-HG synthesized from transamination-driven  $\alpha$ -KG in differentiating T<sub>H</sub>17 and iT<sub>reg</sub> cells contributes significantly to the total amount of 2-HG. Notably, AOA treatment did not affect the L-lactic acid level in cells, indicating that AOA treatment did not affect glycolysis (Extended Data Fig. 3).

To confirm further that the conversion of total cellular glutamate into  $\alpha$ -KG drives altered 2-HG levels, differentiating T<sub>H</sub>17 and iT<sub>reg</sub> cells were cultured with a uniformly <sup>13</sup>C-labelled glutamine ([U-<sup>13</sup>C] glutamine) for 4h, and then intracellular metabolites and isotopologues

Foxp3 II17a II17f Rorc Got1

iT<sub>reg</sub> cell differentiation. shControl denotes a non-targeting shRNA control. **h**, Statistics of cell populations from **g**. **i**, The effect of GOT1 knockdown on gene expression. In **a**, **c** and **g**, representative flow cytometry data from five (**a**) or three (**c** and **g**) independent experiments are shown. In **h**, **a** and **c** (right panels), data are mean  $\pm$  s.d. of five (**a**, right) or three (**c**, right, and **h**) independent experiments. In **b**, **d**, **f** and **i**, data are mean  $\pm$  s.d. of three replicates from a representative experiment of three independent experiments. NS, not significant. \**P* < 0.05; \*\**P* < 0.001; \*\*\**P* < 0.001 by Student's *t*-test.

were analysed by LC–MS (Fig. 2b). With more than 80% of the intracellular glutamine pool labelled, the fractional labelling of  $[U^{-13}C]^2$ -HG,  $[U^{-13}C]\alpha$ -KG and TCA cycle intermediates was higher in T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells (Fig. 2c), suggesting that more glutamine/glutamate carbon contributes to the TCA cycle and 2-HG synthesis in differentiating T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells. Notably, newly synthesized 2-HG was more than 30-fold higher in T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells, whereas newly synthesized  $\alpha$ -KG is around 3-fold higher in T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells (Fig. 2d). As expected, the *de novo* synthesis of both  $\alpha$ -KG and 2-HG in iT<sub>reg</sub> and T<sub>H</sub>17 cells was inhibited by AOA, and this provides the metabolic confirmation for the decrease in the total pool as a function of AOA treatment (Fig. 2d).

To determine further the functional importance of metabolites downstream of glutamate and  $\alpha$ -KG in specifying T<sub>H</sub>17 and iT<sub>reg</sub> cell

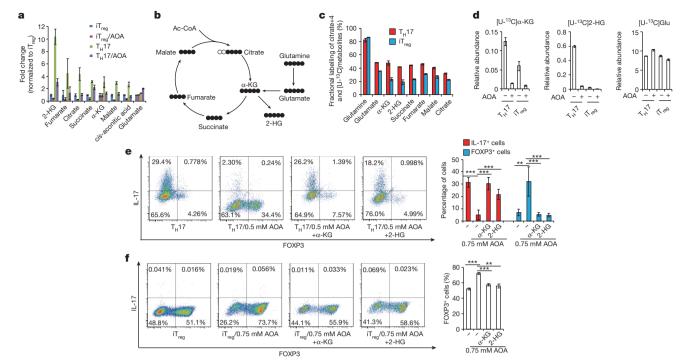


Figure 2 | 2-HG derived from glutamine and glutamate is highly increased under T<sub>H</sub>17 cell conditions, and facilitates T<sub>H</sub>17 cell differentiation. a, The relative abundance of significantly changing metabolites from Extended Data Fig. 3a was normalized to that in iT<sub>reg</sub> cells. b, Schematic of labelling patterns for [U-<sup>13</sup>C]glutamine feed for TCA cycle intermediates. c, [U-<sup>13</sup>C]glutamine labelling shows that carbon of glutamine enters into TCA cycle and is responsible for 2-HG synthesis. d, Abundance of [U-<sup>13</sup>C]2-HG (*m*+5) and [U-<sup>13</sup>C]\alpha-KG (*m*+5), normalized to intracellular [U-<sup>13</sup>C]glutamine. e, Cell-permeable

fate, cell-permeable  $\alpha$ -KG, 2-HG, succinate, fumarate, malate, citrate, N-acetyl-cysteine (NAC) and glutathione (GSH) were individually added to AOA-containing T<sub>H</sub>17 or iT<sub>reg</sub> cell culture conditions. Among all of the metabolites examined, only cell-permeable  $\alpha$ -KG and (R)-2-HG rescued the inhibitory effect of AOA on T<sub>H</sub>17 cell differentiation or reversed its enhancing effect on iT<sub>reg</sub> cell differentiation (Fig. 2e, f and Extended Data Fig. 4). Moreover, cell-permeable (*R*)-2-HG, but not  $\alpha$ -KG (the precursor of 2-HG), directly promoted  $T_{\rm H}$ 17 cell differentiation (in the absence of AOA) by upregulating the expression of *Il17a* and *Il17f* and downregulating the expression of *Foxp3* in a dose-dependent manner without affecting cell survival or proliferation (Fig. 3a and Extended Data Fig. 5a, c, d), suggesting that 2-HG regulates T<sub>H</sub>17 cell differentiation independently of cell proliferation. Similarly, cell-permeable (R)-2-HG, but not  $\alpha$ -KG, inhibited *Foxp3* expression under iT<sub>reg</sub> cell conditions (Fig. 3c, Extended Data Fig. 5b). A possible distinction between 2-HG and  $\alpha$ -KG in normal T<sub>H</sub>17 and iT<sub>reg</sub> cell differentiation in the absence of AOA is that the generation of 2-HG, but not  $\alpha$ -KG, may represent a rate-limiting step in glutamate metabolism that dictates the fate of differentiating T cells. These results showed that central carbon metabolism involving  $\alpha$ -KG and its downstream metabolites (that is, 2-HG) is not simply a metabolomics phenomenon, but rather is a functional effector of the naive T-cell specification and its response to AOA.

2-HG has been shown to be produced by wild-type IDH1- and IDH2-mediated metabolism<sup>12,13</sup>. Consistently, IDH1 and IDH2 are highly expressed in differentiating  $T_H17$  cells (Extended Data Fig. 6a, b and data not shown). Knockdown of both IDH1 and IDH2 in differentiating  $T_H17$  cells decreased the production of 2-HG, reduced *Il17a* and *Il17f* expression, and reciprocally increased the expression of *Foxp3* (Fig. 3e, f and Extended Data Fig. 6c) without affecting *Rorc* mRNA expression or HIF1 $\alpha$  protein expression (Extended Data Fig. 6c, f). The effect of IDH1/2 knockdown on  $T_H17$  cell differentiation can be

dimethyl esters of  $\alpha$ -KG and 2-HG rescued the effects of AOA on T<sub>H</sub>17 cell differentiation. **f**, Cell-permeable dimethyl esters of  $\alpha$ -KG and 2-HG reversed the effect of AOA on T<sub>H</sub>17 cell differentiation. Data are mean  $\pm$  s.d. of three replicates from representative data of three (**a**) or two (**c**, **d**) independent experiments. In **e** and **f**, representative flow cytometry data from three independent experiments are shown. In the right panels of **e** and **f**, data are mean $\pm$  s.d. of three independent experiments. \*\*P < 0.01; \*\*\*P < 0.001 by Student's *t*-test.

rescued by adding exogenous 2-HG (Extended Data Fig. 6e). The data thus suggest that  $\alpha$ -KG and 2-HG that accumulated under T<sub>H</sub>17 cell differentiation conditions promote further T<sub>H</sub>17 cell differentiation.

(R)-2-HG suppressed Foxp3 transcription in both  $T_{\rm H}17$  and  $iT_{\rm reg}$ cells, and increased the transcription of *Il17a* and *Il17f*, but not *Rorc*, in differentiating  $T_{\rm H}17$  cells, indicating that (*R*)-2-HG might indirectly promote T<sub>H</sub>17 cell differentiation by FOXP3 downregulation<sup>14</sup> (Fig. 3a-d). (R)-2-HG is an antagonist of TET1-TET3, which regulate FOXP3 expression redundantly by demethylating the Foxp3 promoter and its intronic CpG island. Similar to 2-HG treatment, double knockout of Tet1 and Tet2 markedly increased the percentage of IL-17<sup>+</sup>FOXP3<sup>-</sup> cells, and decreased the percentage of IL-17<sup>-</sup>FOXP3<sup>+</sup> cells (Extended Data Fig. 7a), confirming that TET1 and TET2 also control FOXP3 expression during T<sub>H</sub>17 cell differentiation. Consistently, 2-HG treatment promoted T<sub>H</sub>17 cell differentiation in wild-type T cells, but the effect was largely abrogated in Tet1 and Tet2 double-knockout T cells (Extended Data Fig. 7a). In addition, double knockout of Tet1 and Tet2 partially diminished the effect of AOA on  $T_{\rm H}17$  cell differentiation (Extended Data Fig. 7b), possibly because all three TET proteins function redundantly to regulate FOXP3 expression<sup>15,16</sup>. These data collectively suggest that 2-HG and AOA regulate T<sub>H</sub>17 cell differentiation at least in part by targeting TET1 and TET2. Consistently, a recent study also showed that double knockout of Tet1 and Tet2 in T cells resulted in unstable Treg cells that were prone to conversion into T<sub>H</sub>17 cells, and caused inflammation in several organs<sup>15</sup>. Notably, a reduced concentration of TGF $\beta$  (and therefore reduced recruitment of TET1 and TET2 to the Foxp3 locus<sup>15</sup>) largely abrogated the promoting effect of Tet1 and Tet2 knockout on T<sub>H</sub>17 cell differentiation, further confirming the role of TET1 and TET2 in FOXP3 expression during T<sub>H</sub>17 cell differentiation (Extended Data Fig. 7c).

To further investigate the role of 2-HG and TET proteins in  $T_{\rm H}17$  cell differentiation, we examined the methylation status of the *Foxp3* 

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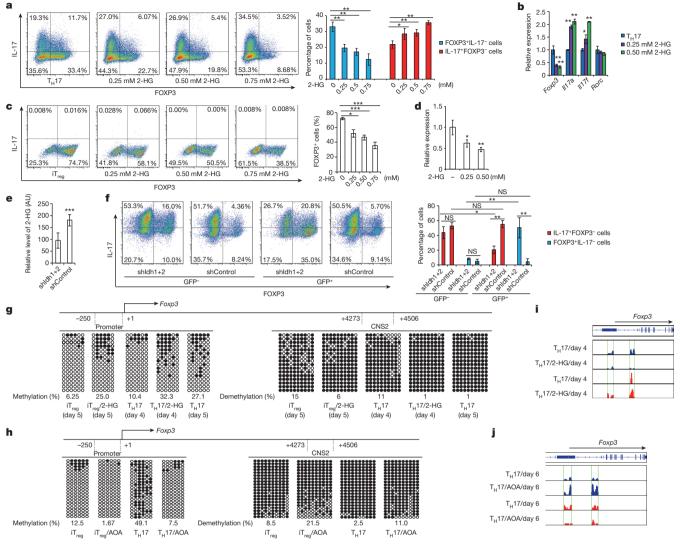


Figure 3 | 2-HG promotes T<sub>H</sub>17 cell differentiation by promoting methylation of the *Foxp3* locus. a, Dimethyl-(*R*)-2-HG promoted T<sub>H</sub>17 cell differentiation. b, mRNA expression from cells in a. c, Dimethyl-2-HG inhibited iT<sub>reg</sub> cell differentiation. d, *Foxp3* mRNA from cells in c. e, shRNA knockdown of IDH1 and IDH2 (using shIdh1+2) decreased 2-HG production in T<sub>H</sub>17 cell culture. f, Knockdown of IDH1 and IDH2 suppressed T<sub>H</sub>17 cell differentiation and reciprocally promoted iT<sub>reg</sub> cell differentiation. g, Exogenous dimethyl-(*R*)-2-HG promotes methylation of the *Foxp3* locus during T<sub>H</sub>17 or iT<sub>reg</sub> cell differentiation. h, AOA promoted hypomethylation of the *Foxp3* locus. In g and h, filled circles denote methylated cytosine, and open circles denote demethylated cytosine.

promoter and CpG island by bisufite sequencing in T<sub>H</sub>17 and iT<sub>reg</sub> cells<sup>17</sup>. Consistent with previous studies, the Foxp3 promoter is hypomethylated in iT<sub>reg</sub> cells, and its intronic CpG island exhibits partial DNA demethylation in  $iT_{reg}$  cells<sup>17</sup>. Surprisingly, we found that these regions are also hypomethylated in differentiating T<sub>H</sub>17 cells, similar to iT<sub>reg</sub> cells, but are hypermethylated in fully differentiated T<sub>H</sub>17 cells (Fig. 3g). Notably, 2-HG markedly increased the methylation levels of these regions in both differentiating  $T_H 17$  cells and  $iT_{reg}$  cells (Fig. 3g). Conversely, knockdown of IDH1 and IDH2 reduced methylation levels at the Foxp3 promoter and conserved non-coding sequence 2 (CNS2) region (Extended Data Fig. 6d). Similarly, AOA treatment markedly decreased the methylation level at the Foxp3 gene locus in both T<sub>H</sub>17 and iT<sub>reg</sub> cell cultures (Fig. 3h). Genome-wide distribution of 5-hydroxymethylcytosine (5hmC) and 5-methylcytosine (5mC) were then analysed by hydroxymethylated or methylated DNA immunoprecipitation followed by high-throughput sequencing i, j, The effect of 2-HG or AOA on hydroxymethylation/methylation at the *Foxp3* locus examined by (h)MeDIP–seq. 5hmC peaks (blue) or 5mC peaks (red) at the *Foxp3* locus are shown. In g–j, male mice were used owing to X-chromosome inactivation. Flow cytometry data from a representative experiment are shown in a, c and f. The experiments were repeated at least three times. Data in a, c and f (right panels) are mean  $\pm$  s.d. of three independent experiments. Data in e (n = 12) are mean  $\pm$  s.d. of three replicates from a representative experiment of three independent experiments. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 by Student's *t*-test.

(hMeDIP-seq or MeDIP-seq, respectively). In total, 330,582 peaks were enriched with 5hmC in T<sub>H</sub>17 cells. 2-HG treatment resulted in a reduced 5hmC signal at 17,676 peaks, among which 3,402 sites also exhibited an increased 5mC signal, including the Foxp3 locus (Fig. 3i and Extended Data Fig. 8a, b). By contrast, AOA treatment increased the 5hmC signal at 11,896 sites, among which 1,643 peaks exhibits reduced 5mC signals (Extended Data Fig. 8c, d). Consistently, AOA treatment increased the 5hmC signal at both the Foxp3 promoter and the CNS2 region, and decreased the 5mC signal at the Foxp3 promoter (Fig. 3j and Extended Data Fig. 8c, d) but not at the CNS2 region, probably because the changes were subtle and not detectable as the CNS2 region is always hypermethylated in  $T_{reg}$  cells (70–80%)<sup>17</sup>. Notably, neither 2-HG nor AOA treatment changed the 5hmC or 5mC signal at other important lineage-specific gene loci, such as Ifng, Il4, Il5, Il10, Il13, Rorc and Tbx21 (Extended Data Fig. 8). Notably, both AOA and 2-HG treatment affected the 5hmC and 5mC signals at

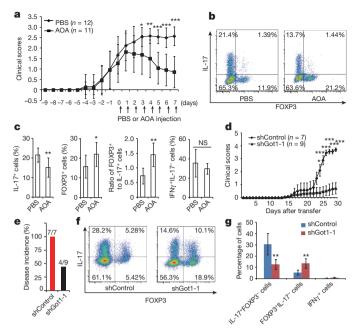


Figure 4 | AOA produced significant recovery from EAE diseases mainly by targeting *Got1*. a-c, AOA ameliorated mouse EAE diseases. a, Disease score. b, Representative flow cytometry data of T cells infiltrated into the central nervous system. c, Statistics of each population from b; n = 11 (control), n = 10 (AOA). The results in a-c are combinations of two experiments. d-g, T<sub>H</sub>17-polarized adoptive transfer EAE showed that knockdown of *Got1* ameliorated mice EAE diseases. d, Disease score. e, Disease incidence. f, Representative flow cytometry data of T cells infiltrated into the central nervous system (gated on Thy1.1<sup>+</sup> cells). g, Statistics for the T cells infiltrated into the central nervous system. Results in d-g are from one representative experiment of two experiments. Data in a, c and g are mean  $\pm$  s.d. Data in d are mean  $\pm$  s.e.m. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 by Student's *t*-test.

121 sites (97 genes, including non-coding RNAs), many of which are direct FOXP3 targets, such as *Foxp1* and *Bach2* (Extended Data Fig. 8e, f, Supplementary Data 2), indicating that changes in 5hmC and 5mC at these targets may be caused indirectly by FOXP3 expression. These epigenetics analyses, together with gene expression data, strongly suggest that AOA and 2-HG regulate  $T_H17$  cell differentiation indirectly by altering the expression of *Foxp3*, but not of other T-lineage-related genes.

To examine the functional relevance of our findings, experimental autoimmune encephalomyelitis (EAE) was induced as described<sup>18</sup>. AOA or control vehicle was injected daily intraperitoneally after most mice had developed apparent diseases. Notably, the administration of AOA caused a significant recovery from EAE diseases in this therapeutic disease model (Fig. 4a). In addition, the total number of mononuclear cells infiltrating into the central nervous system was markedly reduced in AOA-treated mice compared to control mice (Extended Data Fig. 9d). The treatment of AOA significantly reduced the percentage of IL-17-producing T cells and increased the percentage of FOXP3<sup>+</sup> T cells (P < 0.05) without affecting the percentage of IFN $\gamma^+$ cells (P > 0.05) in the central nervous system (Fig. 4b, c). The ratio of FOXP3<sup>+</sup> cells to IL-17<sup>+</sup> cells is much higher in AOA-treated mice than in control mice (Fig. 4c). To investigate further the physiological importance of GOT1 in vivo, an adoptive transfer model using CD4 naive T cells from 2D2 mice (constitutively expressing MOG<sub>35-55</sub> specific T-cell antigen receptors<sup>19</sup>) was performed. The cells undergoing T<sub>H</sub>17 cell differentiation were infected with a virus containing Got1 shRNA or control shRNA and Thy1.1 (CD90.1), and the infected cells were then transferred into wild-type mice. In this  $T_H 17$ -polarized transfer EAE model, disease severity plus the total number of mononuclear cells infiltrating into the central nervous system were significantly reduced in mice receiving GOT1-knockdown cells compared with those receiving control-shRNA-infected cells (Fig. 4d, e, Extended Data Fig. 9a, d). The percentage of IL-17-producing T cells and FOXP3<sup>+</sup> T<sub>reg</sub> cells infiltrating into the central nervous system were significantly decreased and increased, respectively by GOT1 knockdown, whereas IFN $\gamma^+$  T cells were not readily detectable (Fig. 4f, g, and Extended Data Fig. 9). Our study thus demonstrates that selectively targeting the glutamate metabolic pathway could alter the balance of T<sub>H</sub>17 and T<sub>reg</sub> cells both *in vitro* and *in vivo*, and may represent a new strategy for addressing T<sub>H</sub>17-mediated autoimmune diseases.

In summary, we have shown that increased transamination via GOT1 leads to a much greater accumulation of 2-HG in differentiating T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells, and this promoted the methylation of the Foxp3 gene locus and silenced Foxp3 gene expression. Notably, we found that 2-HG levels in differentiating T<sub>H</sub>17 cells (for example, 0.1–0.4 mM) were much lower than that in human cancer cells containing IDH1 and IDH2 mutations (≥1 mM). Nonetheless, endogenous 2-HG accumulations under T<sub>H</sub>17 conditions and experiments with exogenously added 2-HG in T<sub>H</sub>17 cell culture correlate well with hypermethylation of the *Foxp3* gene locus and reduced mRNA and protein levels of FOXP3 in fully differentiated T<sub>H</sub>17 cells, suggesting that different cell types may exhibit differential sensitivity to 2-HG levels. Manipulating a single step in a glutamate metabolic pathway could change T<sub>H</sub>17 cell fate by affecting methylation of the Foxp3 gene locus, and ameliorate mouse EAE disease by regulating the T<sub>H</sub>17 and iT<sub>reg</sub> cell balance, highlighting the importance of cellular metabolism in the determination of T-cell fate.

**Online Content** Methods, along with any additional Extended Data display items and Source Data, are available in the online version of the paper; references unique to these sections appear only in the online paper.

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Supplementary Information is available in the online version of the paper.

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### **METHODS**

**Reagents and cell culture.** T cells were cultured in Advanced RPMI 1640 (Invitrogen, 12633) supplemented with 10% FBS (Invitrogen), penicillinstreptomycin (Invitrogen), 55  $\mu$ M $\beta$ -mercaptoethanol, and 2 mM glutamine.

T-cell differentiation. CD4 naive T cells (CD4+CD25-CD62<sup>high</sup>CD44<sup>low</sup>) were sorted from IL-17F-RFP/FOXP3-GFP mice, which were characterized previously or wide-type C57BL/6 mice (6-10-week-old male or female mice were used unless specified). Approximately 0.4 million cells were plated into 48-well-plates coated with anti-mouse CD3 (clone 145-2C11, eBioscience) (2µg ml<sup>-1</sup>) and anti-mouse CD28 (clone 37.51, eBioscience)  $(1 \,\mu g \, m l^{-1})$ . The differentiation conditions for T cells are as followed: 0.5 ng ml<sup>-1</sup> (or indicated) TGF $\beta$ , 200 U ml<sup>-1</sup> mouse IL-2,  $2\,\mu g\,ml^{-1}$  anti-IFN  $\gamma$  and  $2\,\mu g\,ml^{-1}$  anti-mouse IL-4 for  $iT_{reg},$  2.5 ng  $ml^{-1}\,TGF\beta,$  $10 \text{ ng ml}^{-1}$  mouse IL-1 $\beta$ , 10 ng ml<sup>-1</sup> mouse IL-6, 10 ng ml<sup>-1</sup> mouse IL-23,  $2\,\mu g\,ml^{-1}$  anti-mouse IFN $\gamma$  , and anti-mouse IL-4 for  $T_{\rm H}$ 17. All the cytokines are from R&D systems. The cells were supplemented with new medium at day 4. For cases in which small-molecule compounds were present, fresh medium containing the same concentration of compounds was used. When necessary, the individual metabolite was added into the T-cell culture 6 h after initial cell plating. On day 6, the cells were analysed for IL-17F-RFP and FOXP3-GFP or the cells were collected and restimulated for 4-6 h with phorbol myristate acetate (PMA), ionomycin, and Golgi-stop for intracellular staining in absence of indicated compounds.

Antibodies. Anti-IDH2 was from Abcam (ab131263), anti-IDH1 was from Cell Signaling Technology (8137S), and anti-HIF1 $\alpha$  was from Novus Biologicals (NB100-105). Anti-mouse CD3 (clone 145-2C11, 16-0031), anti-mouse CD28 (clone 37.51, 16-0281), anti-mouse IFN $\gamma$  (clone XMG1.2, 16-7311), anti-mouse IL-4 (clone 11B11, 16-7041), anti-mouse FOXP3 (clone FJK-16s, 17-5773) were from eBioscience. Anti-mouse CD4 (clone RM4-5, 550954), anti-mouse CD25 (clone 7D4, 558642), anti-mouse CD44 (clone IM7, 559250), anti-mouse CD62L (clone MEL-14, 560507), anti-mouse IL-17 (clone TC11-18H10, 559502), anti-mouse IFN $\gamma$  (clone XMG1.2, 561040, for staining) and anti-CD90.1 (Thy1.1) (clone OX-7, 561406) were from BD Bioscience.

**mRNA expression analysis by qRT-PCR.** At the end of differentiation (day 6), T cells were re-stimulated with plate-coated anti-CD3 and anti-CD28 for 5 h in the absence of any small-molecule compounds or metabolites. qRT-PCR was performed to evaluate mRNA expression of *Foxp3*, *Il17a*, *Il17f* and *Rorc*. For differentiating  $T_{H}17$  or i $T_{reg}$  cells, cells were collected on day 2.5 or at the indicated time for mRNA expression analysis. The expression was normalized to  $\beta$ -actin (*Actb*). All primers are listed in Supplementary Data 1.

Intracellular metabolomics/broad profiling. CD4 naive T cells, differentiating T<sub>H</sub>17 cells (day 2.5), and iT<sub>reg</sub> cells (day 2.5) were collected. A solution of 80:20 methanol:H<sub>2</sub>O was used to extract intracellular metabolites. The extracted samples were analysed with LC–MS metabolomics. 200 ng ml<sup>-1</sup> of extraction standard (L-glutamic acid-<sup>13</sup>C<sub>5</sub>,<sup>15</sup>N-d<sub>5</sub>) was added into samples, and the peak value for each metabolite was normalized to an extraction standard. The data were transformed into log<sub>2</sub> and clustered. Cell extracts obtained as described above were analysed for relative abundance of <sup>13</sup>C and <sup>15</sup>N metabolites by quadruple Fourier-transform ion cyclotron resonance-based LC–MS (Q-FTICR) using scheduled selective reaction monitoring (SRM) for each metabolite of interest, with the detector set to negative mode<sup>20</sup>. Quantification of intracellular 2HG was conducted as described<sup>21</sup>.

[U-13C]glutamine or [15N]α-glutamine flux analysis. CD4 naive T cells, differentiating  $T_H 17$  or  $iT_{reg}$  cells (68 h) were incubated with fresh media before labelling. The cells were then cultured for 4 h at 37 °C with medium in which the glutamine was replaced with the corresponding stable isotope label: 2 mM [U-13C]glutamine or 2 mM [<sup>15</sup>N]α-glutamine for 4 h at 37 °C. The cells were quickly collected and quickly washed with PBS, pelleted, and snap frozen in liquid nitrogen. The frozen samples were kept in -80 °C until extraction. Cell extracts were prepared by first adding 80:20 methanol:H<sub>2</sub>O at -60 °C to the frozen pellets and collecting the supernatant after centrifugation at 4 °C. The extracted samples were analysed by high-resolution LC-MS. Unlabelled glutamine-fed cells were used as background. Negative mode metabolomics. Cell extracts obtained as described above were analysed for relative abundance of metabolites by LC-MS using scheduled selective reaction monitoring (SRM) for each metabolite of interest, with the detector set to negative mode<sup>20</sup>. Before injection, dried extracts were reconstituted in LC-MS grade water. Liquid chromatogrpahy separation was achieved by reverse-phase ion-pairing chromatography as described<sup>22</sup>.

Amino acid profiling. The U-HPLC system consisted of a Thermo Fisher Scientific U-HPLC pumping system, coupled to an autosampler and degasser. Chromatographic separation of the intracellular metabolites was achieved by usage of a reversed phase Atlantis T3 (3  $\mu$ m, 2.1 mm ID  $\times$  150mm) column (Waters) and by implementation of a gradient elution program. The elution gradient was carried out with a binary solvent system consisting of 0.1% formic acid and 0.025% heptafluorobutyric acid in water (solvent A) and in acetonitrile (solvent B) at a constant flow rate of 400  $\mu$ l min<sup>-1</sup>. The linear gradient employed was as follows:

0–4 min increase from 0 to 30% B, 4–6 min from 30 to 35% B, 6–6.1 min from 35 to 100% B and hold at 100% B for 5 min, followed by 5 min of re-equilibration. The column oven temperature was maintained at 25 °C and sample volumes of 10µl were injected. HRAM data were acquired using a QExactive Orbitrap mass spectrometer (Thermo Fisher Scientific), which was equipped with a heated electrospray ionization source (HESI-II), operated in positive mode. Ionization source working parameters were optimized; the heater temperature was set to 300 °C, ion spray voltage was set to 3,500 V. An *m/z* scan range from 70 to 700 was chosen and the resolution was set at 70,000. The automatic gain control (AGC) target was set at  $1 \times 10^6$  and the maximum injection time was 250 ms. Instrument control and acquisition was carried out by Xcalibur 2.2 software (Thermo Fisher Scientific).

**Methylation analysis by bisulfite sequencing.** The method is the same as described. In brief, genomic DNA was purified with the Blood and Cell Culture DNA Midi Kit (Qiagen). Bisufite conversion of genomic DAN was performed using EpiTect Bisulfite kit (Qiagen), according to the manufacturer's instructions. The primers used to amplify the *Foxp3* promoter and its intronic CpG island are described in the Supplementary Information. The PCR product was run on 2% agarose, purified and cloned using TOPO TA Cloning Kit with PCR4. Clones are picked for Sanger sequencing.

**Retrovirus preparation and T-cell infection.** shRNAs (synthesized DNA oligonucleotides) after annealing were cloned into PMKO.1-GFP retrovirus or PMKO.1-Thy1.1-mRFP vector. The plasmids and pCL-ECO (1:1) were transfected into 293T cells (ATCC, CRL-3216; all cells were tested for mycoplasma contamination) with Fugene HD4 (Promega). The medium was changed 6 h after transfection, and the cells were further cultured for 48–72 h. The supernatant was then collected and filtered using 45-µm filters. The supernatant containing the viruses was added into pre-activated CD4 T cells (20 h after initial plating). The cells were spin-infected at 1,000g for 2 h and cultured in an incubator for another 2 h. The cells were washed and cultured under  $T_H17$  cell conditions for an additional 4 days. New medium was added if necessary. At day 5, the cells are collected for sorting GFP<sup>+</sup> and GFP<sup>-</sup> cells. Sorted cells were further cultured until day 6, and re-stimulated for intracellular staining or mRNA analysis, as described above.

Mouse EAE model. EAE was induced by immunizing mice (12 weeks old, 5-6 C57BL/6 mice per group) twice with  $300 \,\mu g$  of MOG<sub>35-55</sub> peptide (amino acids 35-55; MEVGWYRSPFSROVHLYRNGK) emulsified in complete Freund's adjuvant, followed by pertussis toxin injection and analysed as described<sup>18</sup>. The disease scores were assigned on a scale of 0-5 as follows: 0, none; 1, limp tail or waddling gait with tail tonicity; 2, wobbly gait; 3, hind limb paralysis; 4, hind limb and forelimb paralysis; 5, death. When the disease phenotype is very obvious (average score >1), PBS or AOA (750 $\mu$ g per mouse) was intraperitoneally injected every day (mice were randomly assigned to treatment groups, and scored in a blinded manner). After 8 days of administration of AOA or PBS, the mice were anaesthetized, and cells infiltrated into brain and spinal cord were collected for analysis. For adoptive transfer EAE, CD4 naive T cells isolated from 2D2 mice (https://www.jax.org/strain/006912) were cultured under T<sub>H</sub>17 cell conditions for 20 h, and then the cells were infected with virus containing shGot1 or control shRNA and a cell surface protein, Thy1.1<sup>+</sup> (which does not express in C57BL/6 background mice). At the end of the differentiation, the cells were purified, and  $6 \times 10^7$  cells were intraperitoneally injected into wild-type C57BL/6 recipient mice (8-10-week-old female mice). The recipient mice were irradiated with sublethal X-ray (5 Gy) before cells injection. PTX (500 ng per mouse) was intraperitoneally injected later on the day of transfer and two days later. The disease was scored daily thereafter as above. Mice were randomly assigned to treatment groups, and scored in a blinded manner. Experimental groups were unblinded to treatment assignment at the end of the experiments to ensure experimenter bias was not introduced. At the end of experiment, the mice were euthanized for analysis of the T cells infiltrated into the central nervous system. Mice that did not develop symptoms of EAE were not excluded from the analysis. Power analysis was used to calculate the sample size. 4 mice per group is enough for calculation, here we used 5-6 in active EAE, or 7-9 mice in adoptive transfer EAE to get a more confident dataset. When indicated, the statistical significance was determined by Student's  $t\text{-test}\;(*P\!<\!0.05;**P\!<\!0.01;***P\!<\!0.001).$  All animal work was approved by the institutional IACUC committee.

**Mice.** Tet1tm1.1Jae/J (JAX 017358, *Tet1<sup>+/-</sup>*), B6.129S-Tet2tm1.1Iaai/J (JAX 017573, *Tet2*<sup>fl/fl</sup>), and Tg(Cd4-cre)1Cwi/BfluJ (JAX 017336, Cd4-Cre) mice were purchased from Jackson Laboratory. We first got *Tet1<sup>+/-</sup>Tet2*<sup>fl/fl</sup>CD4-Cre<sup>+</sup>, then mated them to generate *Tet1<sup>-/-</sup>Tet2*<sup>fl/fl</sup>CD4-Cre<sup>+</sup> mice. 2D2 mice (https://www. jax.org/strain/006912) were purchased from Jax.

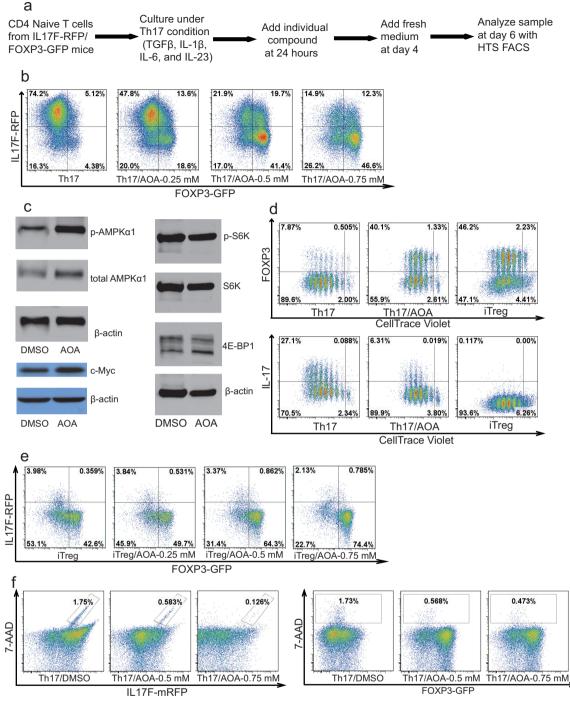
**MeDIP-seq/hMeDIP-seq.** DNA was purified from differentiating  $T_H17$  cells (in the absence or presence of dimethyl (*R*)-2-HG), or  $T_H17$  cells at the end of differentiation (in the absence or in presence of AOA), and sheared into 200–500-bp fragments using a Covaris S2 sonicator. DNA fragments were then end-repaired, adenylated, and adaptor added using the Nextflex ChIP-seq

preparation kit (Bio Scentific) following the manufacturer's protocol. The ligated DNA was then denatured into single-stranded DNA for chromatin immunoprecipitation (ChIP). The ChIP was done by incubating the DNA with anti-5mC or 5hmC (from Active Motif) following the manufacturer's protocol. After ChIP, the eluted DNA was PCR amplified and sequenced on Hiseq-2500.

Data analysis for (h)MeDIP-seq. Raw FASTQ Reads are trimmed using the fastq-mcf program to remove any Illumina adaptor sequence. Trimmed reads are aligned to the genome assembly of Mus musculus reference genome (NCBI37/ mm9) using Bowtie2<sup>1</sup>. 5hmC and 5mC peak identification was performed with MACS<sup>2</sup> using non-duplicate reads from each immunoprecipitation sample and its corresponding input control sample. Parameters are as follows: effective genome size =  $1.87 \times 10^9$ ; band width = 200; ranges for calculating regional lambda are: peak\_region, 1,000, 5,000, 10,000; and Benjamini-Hochberg q-value cutoff=0.01 to identify confident peaks. Read counts of all peak regions were extracted from each samples by bedtools multicov<sup>3</sup> and used for further analysis of quantitative changes. Peak regions with a greater than 30 read count in all 5hmC sample or 10 in 5mC samples are kept. Each region for each sample is scored by the read count in this region normalized to the total number of mapped reads in each sample. The difference is computed as peak region intensity between samples as log<sub>2</sub> fold change. Peak region annotation is performed with Homer tools suite to identify genomic features and associated genes based on distance to the nearest transcription start site. Peak region intensities of larger than 2-fold difference for 5hmC or 1.8-fold for 5mC were highlighted by scatter plot. Normalized pileup files are converted to bigwig (http://genome.ucsc.edu/goldenpath/help/bigWig.html) for visualization in IGV<sup>26-28</sup>.

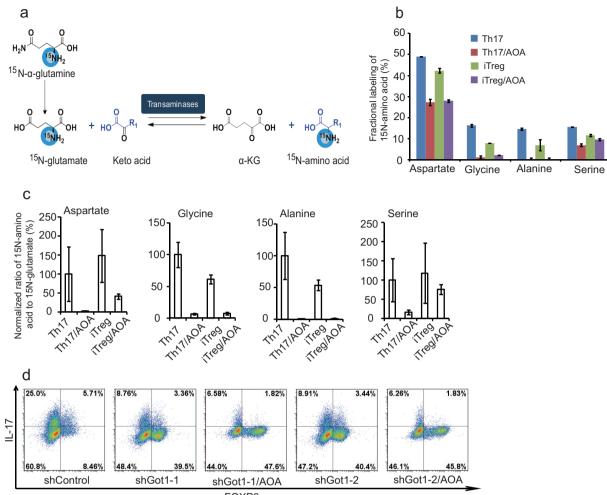
**Data availability.** The NCBI SRC accession number for the MeDIP-seq and hMeDIP-seq experiments reported in this manuscript is BioProject PRJNA360149.

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Extended Data Figure 1 | AOA reprograms T<sub>H</sub>17 cell differentiation towards iT<sub>reg</sub> cells. a, Schematic of the screening procedure. b, Effects of AOA on T<sub>H</sub>17 cell differentiation. c, The effect of AOA on mTOR, AMPK and c-Myc. Differentiating T<sub>H</sub>17 cells (with or without 0.75 mM AOA) were collected for analysis of phosphorylated AMPK $\alpha$ 1 (p-AMPK $\alpha$ 1), the mTOR downstream signalling proteins S6K and 4E-BP1, and c-Myc and β-actin. Dimethylsulfoxide (DMSO) was used as a control. d, The effect of AOA on the proliferation of T<sub>H</sub>17 cells. CD4 naive T cells were

labelled with CellTrace Violet, and then cultured under  $T_{\rm H}17$  or  $iT_{\rm reg}$  cell conditions (which were the same as  $T_{\rm H}17$  cell conditions except without IL-1 $\beta$ , IL-6 and IL-23). At the end of experiment, the cells were analysed by intracellular staining. **e**, AOA promoted  $iT_{\rm reg}$  cell differentiation. **f**, AOA did not affect the survival of  $T_{\rm H}17$  cell culture. The cells were differentiated under  $T_{\rm H}17$  cell conditions with or without AOA. At the end of the differentiation, 7-AAD was added and the cells were immediately collected for analysis.

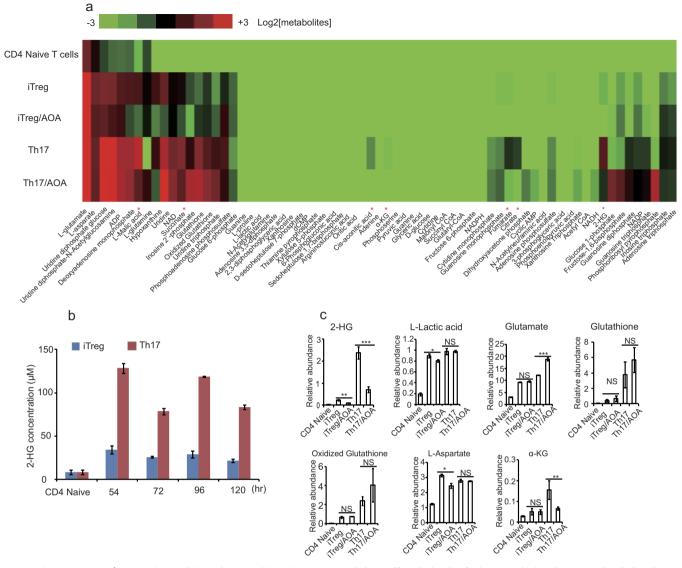


FOXP3

Extended Data Figure 2 | <sup>15</sup>N-labelling analysis showed that GOT1 mediates most transamination reactions and represents the main target for AOA in T<sub>H</sub>17 cells. a, Schematic of [<sup>15</sup>N] $\alpha$ -glutamine metabolism in the transamination reaction. b, The ratios of <sup>15</sup>N-labelled amino acids to their respective intracellular amino acid pool (related to Fig. 1f). Differentiating T<sub>H</sub>17 cells or iT<sub>reg</sub> cells (68 h) were fed with 2 mM [<sup>15</sup>N] $\alpha$ -glutamine for 4 h. The cells were collected for intracellular metabolites analysis. The ratios of <sup>15</sup>N-labelled aspartate, glycine, alanine and serine to their total respective amino acid pools were calculated. c, AOA, as a pan-transaminase inhibitor, inhibited *de novo* synthesis for several amino acids (via transamination) in both cell types in addition to aspartate. The ratio of [<sup>15</sup>N]amino acid to [<sup>15</sup>N]glutamate was calculated, and this ratio was further normalized to that in T<sub>H</sub>17 cells to demonstrate that AOA inhibited *de novo* synthesis for several amino acids. Our rescue results clearly showed (in Fig. 2f, g) that dimethyl- $\alpha$ -KG can largely rescued the effect of AOA on both T<sub>H</sub>17 and iT<sub>reg</sub> cell

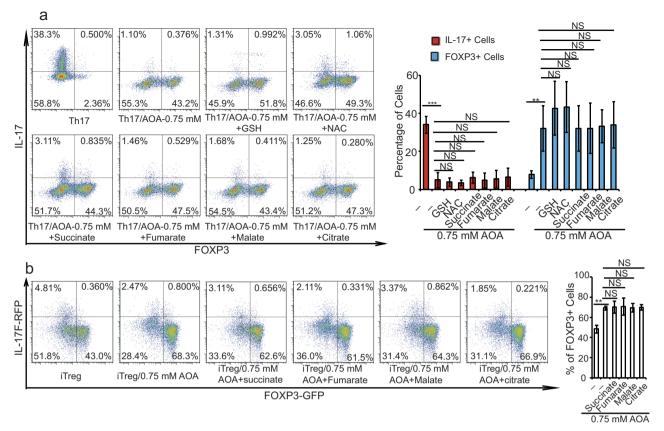
differentiation. Thus, from a metabolic perspective, the effects of AOA can be largely attributed to its inhibitory effect on  $\alpha$ -KG formation (carbon metabolism), rather than its inhibitory effect on amino acid synthesis (nitrogen metabolism). Therefore, we focus on carbon metabolism of glutamate in this study. d, GOT1 is the main target for AOA in  $T_{\rm H}17$  cells. Differentiating  $T_{\rm H}17$  cells were infected with retrovirus containing shRNA against *Got1* or control shRNA. The GFP $^+$  cells were then purified on day 3, and further cultured under  $T_{\rm H}17$  cell were collected for analysis of FOXP3 and IL-17 by intracellular staining. It is clear that AOA can further inhibit  $T_{\rm H}17$  cell differentiation; however, the effect is subtle and supports the conclusion that GOT1 is the main target for AOA under  $T_{\rm H}17$  conditions. Data in **b** and **c** are mean  $\pm$  s.d. of three technical replicates from a representative experiment. In **d**, representative flow cytometry data from two experiments are presented.



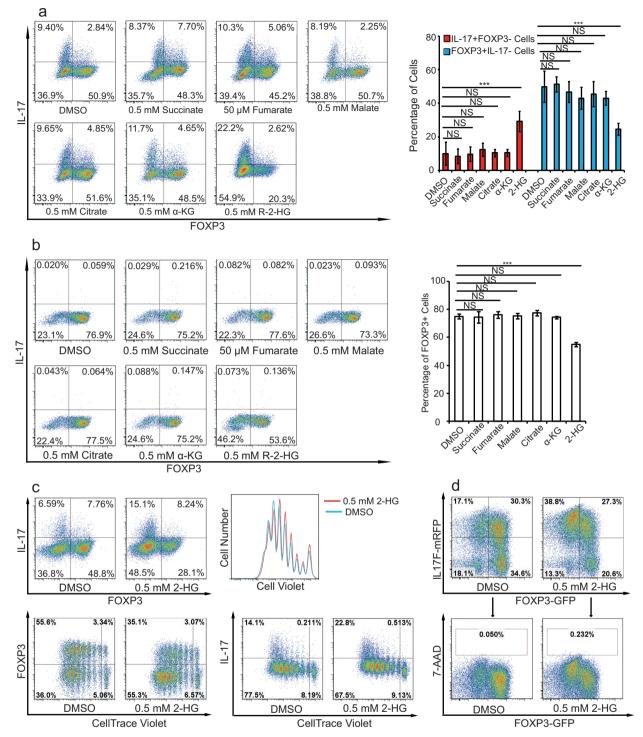


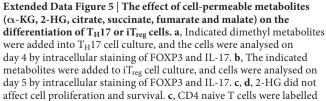
**Extended Data Figure 3** | **Metabolic profiling of T**<sub>H</sub>17 **cells and iT**<sub>reg</sub> **cells. a**, Intracellular metabolites profiling of differentiating T<sub>H</sub>17 cells and iT<sub>reg</sub> cells performed by LC–MS. Asterisks denote metabolites with differential abundance between T<sub>H</sub>17 and iT<sub>reg</sub> cells, and this effect is inhibited by AOA. **b**, The 2-HG concentration is much higher in differentiating T<sub>H</sub>17 cells than in iT<sub>reg</sub> cells along the differentiation time line. **c**, AOA significantly decreased the abundance of 2-HG, whereas it

did not affect the levels of L-lactic acid, glutathione, oxidized glutathione, L-aspartate, and slightly decreased  $\alpha$ -KG and slightly increased glutamate relative to **a**. The relative levels of 2-HG, L-lactic acid, L-glutamate, glutathione, oxidized glutathione, L-aspartate and  $\alpha$ -KG from **a** were re-plotted in **c**. Data in **b** and **c** are mean  $\pm$  s.d. of three replicates from a representative experiment of three independent experiments.



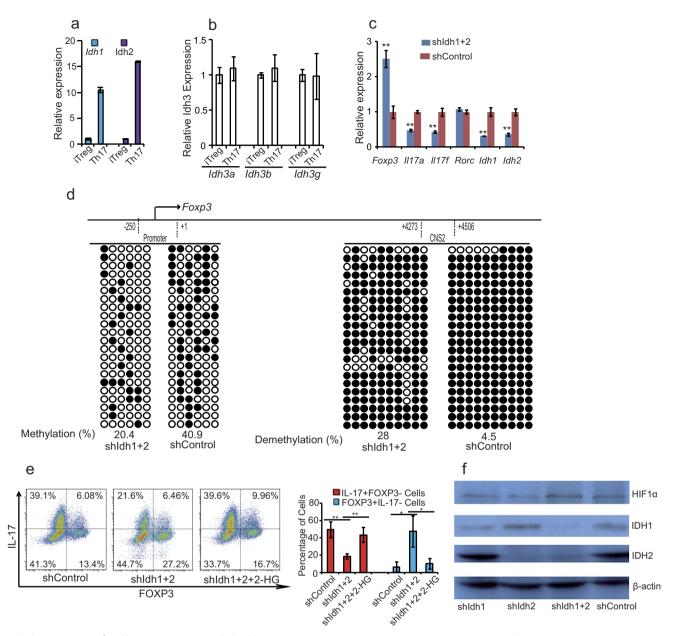
Extended Data Figure 4 | Exogenously added cell-permeable metabolites (citrate, succinate, fumarate and malate) did not rescue the effects of AOA on  $T_H 17$  and  $iT_{reg}$  cell differentiation. a, Cell-permeable dimethyl esters of succinate, fumarate, malate, citrate, NAC or GSH did not rescue the inhibitory effects of AOA on  $T_H 17$  cell differentiation. Cell-permeable metabolites (0.5 mM succinate, 50  $\mu$ M fumarate, 0.5 mM malate, 0.5 mM citrate, 1 mM NAC, and 1 mM GSH) were individually added to differentiating  $T_H 17$  cells in the presence of AOA. At the end of the differentiation (day 6), the cells were re-stimulated and analysed by intracellular staining of FOXP3 and IL-17. **b**, Cell-permeable dimethyl esters of succinate, fumarate, malate or citrate, did not rescue the effects of AOA on iT<sub>reg</sub> cell differentiation. Cell permeable metabolites (0.5 mM succinate, 50  $\mu$ M fumarate, 0.5 mM malate, 0.5 mM citrate) were individually added to differentiating iT<sub>reg</sub> cells in the presence of AOA. At the end of the differentiation (day 5), the cells were directly analysed for FOXP3–GFP. Representative flow cytometry data (left panels) are from three independent experiments. Bar graphs are mean  $\pm$  s.d. of three independent experiments. \*\*P < 0.01; \*\*\*P < 0.001 by Student's *t*-test.





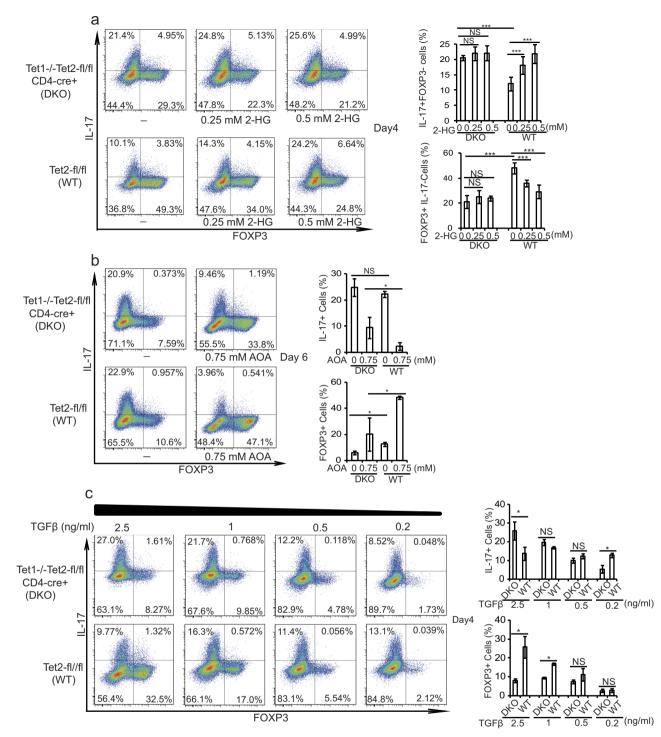
with CellTrace Violet according to the manufacturer's protocol. The cells were then differentiated under T<sub>H</sub>17 cell conditions. The cells were then stimulated and collected for intracellular staining at day 4. **d**, CD4 naive T cells from double-reporter mice were differentiated under T<sub>H</sub>17 cell conditions, and live cells were analysed at day 4; 7-AAD was added just before analysis. Representative flow cytometry data are from three independent experiments. Bar graphs are mean  $\pm$  s.d. of three independent experiments. \*\*\**P* < 0.001 by Student's *t*-test.

## LETTER RESEARCH



Extended Data Figure 6 | Differentiating T<sub>H</sub>17 cells highly express IDH1 and IDH2, and shRNA against IDH1 and IDH2 suppresses the expression of IDH1 and IDH2, decreases DNA methylation at the Foxp3 locus, and suppresses  $T_H 17$  cell differentiation. a, Differentiating  $T_H 17$ cells or iT<sub>reg</sub> cells (day 3) were collected for mRNA expression analysis. All expression levels were normalized to  $\beta$ -actin (Actb), and the expression level of each enzyme was normalized to that in differentiating  $iT_{reg}$  cells. b, Differentiated T<sub>H</sub>17 cells and iT<sub>reg</sub> cells have similar expression levels of IDH3. The experiment was performed as described in a. mRNA expression of IDH3 subunits (Idh3a, Idh3b and Idh3g) was normalized to  $\beta$ -actin, and plotted relative to the gene expression level in iT<sub>reg</sub> cells. c, shRNA knockdown of IDH1 and IDH2 efficiently suppressed the mRNA expression of Idh1, Idh2, Il17a and Il17f, and increases mRNA expression of Foxp3. Infected cells (GFP<sup>+</sup> cells) containing shRNA against IDH1 and IDH2 were FACS sorted and re-stimulated with anti-CD3 and anti-CD28 for mRNA expression analysis. Expression was normalized to  $\beta$ -actin. d, shRNA knockdown of IDH1 and IDH2 decreased the methylation level at the *Foxp3* locus. Differentiating  $T_{\rm H}17$  cells were infected with retrovirus containing Idh1 and Idh2 shRNA or control shRNA (shControl). At the

end of the differentiation (day 6), GFP<sup>+</sup> cells were collected for DNA methylation analysis of the Foxp3 promoter and its intronic CpG island by bisulfate sequencing. Filled circles denote methylated cytosine; open circles denote demethylated cytosine. Male mice were used owing to X-chromosome inactivation. e, Knockdown of IDH1 and IDH2 suppressed T<sub>H</sub>17 cell differentiation, and this can be reversed by addition of cell permeable (R)-2-HG. Cell permeable (R)-2-HG was added to differentiating T<sub>H</sub>17 cells at 6 h. The cells were infected with retrovirus containing shRNA. GFP<sup>+</sup> cells were purified at day 3 for further culture under T<sub>H</sub>17 cell conditions, and cell permeable (R)-2-HG was added to the culture until the end of the experiment. Cells were then collected for analysis of FOXP3 and IL-17. f, Knockdown of IDH1 and IDH2 has minimal effect on HIF1 $\alpha$  expression. Differentiating T<sub>H</sub>17 cells were infected with retrovirus containing Idh1 shRNA, Idh2 shRNA and Idh1 plus Idh2 shRNA or control shRNA. Cells were then analysed for IDH1, IDH2 and HIF1 $\alpha$  expression. Data in **a**-**c** are mean  $\pm$  s.d.(n = 3) of three technical replicates from a representative experiments of three experiments. Data in e(n=3) are mean  $\pm$  s.d. of three independent experiments. \**P* < 0.05; \*\**P* < 0.01; \*\*\**P* < 0.001 by Student's *t*-test.

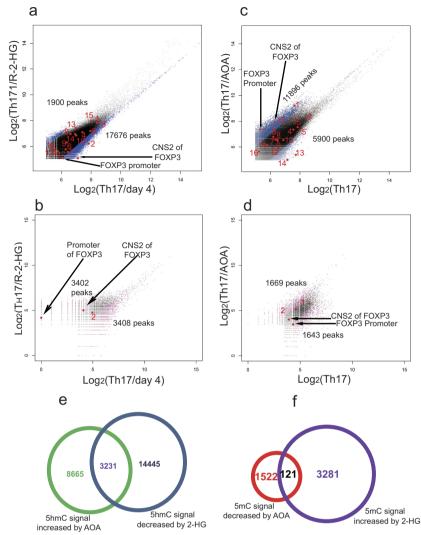


**Extended Data Figure 7** | See next page for caption.



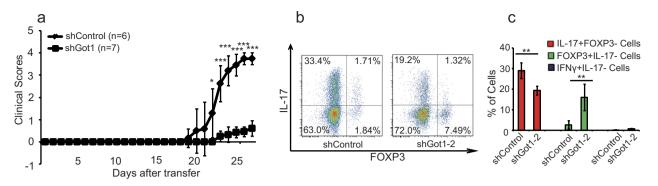
Extended Data Figure 7 | TET1 and TET2 control FOXP3 expression during T<sub>H</sub>17 cell differentiation. a, Tet1 and Tet2 double-knockout (DKO;  $Tet1^{-/-}Tet2^{fl/fl}$ CD4-Cre<sup>+</sup>) promoted T<sub>H</sub>17 cell differentiation, and largely abrogated the promoting effect of (R)-2-HG on T<sub>H</sub>17 cell differentiation in wild-type T cells. CD4 naive T cells from Tet1/2 DKO or control mice were differentiated under T<sub>H</sub>17 cell conditions with or without cell permeable (R)-2-HG. At day 4, cells were collected for analysis of FOXP3 and IL-17 by intracellular staining. Results are consistent with a previous study that showed that Tet1/2 DKO regulatory T cells can be more easily and efficiently converted into  $T_H 17$  cells<sup>15</sup>. **b**, *Tet1/2* DKO partially diminished the inhibitory effect of AOA on T<sub>H</sub>17 cell differentiation. CD4 naive T cells from Tet1/2 DKO or control mice were differentiated under T<sub>H</sub>17 cell conditions with or without AOA. Cells were collected for analysis of FOXP3 and IL-17 at day 6. c, A reduced concentration of TGF $\beta$  largely abolished the effect of Tet1/2 DKO on T<sub>H</sub>17 cell differentiation, and Tet1/2 DKO decreased IL-17 expression when the TGF $\beta$  concentration is low enough, indicating that TET1/2 proteins have a dual function in the fate determination of T<sub>H</sub>17 cell differentiation. CD4 naive T cells derived from Tet1/2 DKO or control mice were differentiated under T<sub>H</sub>17 cell conditions with varied concentrations of TGF<sup>β</sup>. Cells were collected for intracellular analysis at day 4. A previous study showed that TET2 positively regulate T<sub>H</sub>17 differentiation by binding to the *Il17a* gene locus<sup>23</sup>. However, our results show that Tet1/2 DKO T cells enhance T<sub>H</sub>17 cell differentiation, as determined by increased IL-17 and reduced FOXP3

expression at day 4 in T<sub>H</sub>17 cell culture. Because Tet enzyme activity is very sensitive to various exogenous stimuli, as described previously<sup>16</sup>, the discrepancy between our results and those of Ichiyama et al.<sup>23</sup> could be caused by different culture conditions, in which our T<sub>H</sub>17 polarizing condition yielded a high amount of FOXP3 even at later stage of T<sub>H</sub>17 differentiation (day 4). To test this, we reduced the amount of TGF $\beta$  in our cultures, and consistent with Ichiyama et al.23, Tet1/2 DKO caused a significant reduction in  $T_{\rm H}17$  cell differentiation under low TGF $\beta$ concentrations (c). A high TGF<sup>β</sup> concentration may induce strong and persistent activation of SMAD3 and STAT5, which then recruit TET enzymes to the Foxp3 gene locus and promote its expression by inducing or maintaining the demethylation status<sup>15</sup>. Conversely, a low TGF<sup>β</sup> concentration results in recruitment of TET enzymes to the Il17 gene locus, which plays a dominant role in regulating T<sub>H</sub>17 differentiation. We have thus identified dual functions of TET proteins in the fate determination of T<sub>H</sub>17 cell differentiation. In summary, the role of TET1/2 during T<sub>H</sub>17 cell differentiation is dynamic and dependent on the expression of FOXP3. In **a**-**c**, representative flow cytometry data from five (a), three (b) and two (c) independent experiments are shown. In **a** and **b**, bar graphs are mean  $\pm$  s.d. of five (**a**) or three (**b**) independent experiments. In c, bar graphs are mean  $\pm$  s.d. of three technical replicates from a representative experiment of two independent experiments. \*P < 0.05; \*\*\*P < 0.001 by Student's *t*-test.



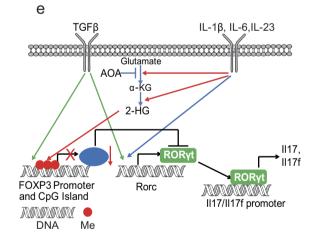
Extended Data Figure 8 | AOA and (R)-2-HG selectively affect DNA hydroxymethylation and methylation at the Foxp3 locus, but not other important lineage-specific signature gene loci examined by (h)MeDIP-seq. a, b, Exogenous addition of dimethyl-(R)-2-HG selectively decreases the 5hmC signal and increases the 5mC signal at the Foxp3 locus. DNA extracted from differentiating T<sub>H</sub>17 cells (day 4) in the absence or presence of 0.75 mM dimethyl-(R)-2-HG was immunoprecipitated with antibodies to 5hmC (a) or 5mC (b), followed by deep sequencing (see Methods). a, Differential peaks from hMeDIP. 5hmC peaks located in the Foxp3 conservative region or in other conservative regions such as Il4, Il5, Il13, Il10, Ifng and Rorc were highlighted. Peaks 1, 2 and 11 were located in Gata3; peak 3 in Rorc; peak 4 in Il4; peaks 5 and 16 in Il10; peak 6 in Ifng; peaks 7 and 10 in Il5; peaks 8 and 9 in Tbx21; peaks 12 in Il13; peaks 13 and 15 in Il17a; peak 14 in Il17f. (R)-2-HG decreased the 5hmC signal in 17,676 out of 330,582 peaks detected. However, (R)-2-HG did not decrease DNA hydroxymethylation at Il4, Il5, Il10, Il13, Il17a/f, Ifng, Rorc and Tbx21 loci. b, The 5mC signal was increased in 3,402 out of the 17,676 peaks with a decreased 5hmC signal. (R)-2-HG selectively decreased the 5hmC signal and increased the 5mC signal at the Foxp3 promoter and CNS2 region, but did not affect the 5hmC or 5mC signal at Ifng, Il4/5/10/13, Il17a/f, Tbx21 or Rorc. Notably, exogenous dimethyl-(*R*)-2-HG did not affect the 5hmC or 5mC signal at only the Foxp3 locus, and instead had a more broad effect at many loci. c, d, AOA treatment selectively affect DNA hydroxymethylation and methylation at the Foxp3 locus. 5hmC peaks located in the Foxp3 conservative region or in other conservative regions such as at Il4, Il5, Il13, Il10, Ifng and Rorc were highlighted; labels are as in a. AOA increased the 5hmC signal in 11,896 out of 330,582 peaks detected. AOA increased hydroxymethylation at the Foxp3 promoter and CNS2 region, but did not affect DNA hydroxymethylation at regions such as Ifng, Il4, Il5, Il10, Il13, Rorc and Tbx21. Notably, AOA treatment reduced the 5hmC signal at Il17a/floci,

probably owing to the antagonistic effect of FOXP3 on ROR<sub>\t</sub> to recruit TET proteins to *Il17a/f* loci. **d**, The 5mC signal was increased in 1,643 out of the 11,896 peaks with an increased 5hmC signal. AOA decreased the 5mC signal at the Foxp3 promoter. Notably, changes in the 5mC signal at the Foxp3 CNS2 region were not detected, probably because the CNS2 region is largely methylated (around 70–80% of it is methylated in  $iT_{reg}$ cells), and changes in 5mC are more subtle and harder to detect than changes in 5hmC. Notably, both AOA and 2-HG affected the 5hmC, but not 5mC, signal at Gata3. However, Gata3 expression is not regulated by DNA hydroxymethylation as shown in a previous study<sup>23</sup>, therefore 2-HG and AOA are unlikely to affect Gata3 expression. e, 17,676 peaks with increased 5hmC signal by AOA (from a, blue) overlapped with 11,896 peaks with decreased 5hmC signal by 2-HG (from c, green). f, 3,402 peaks with increased 5mC by 2-HG (from b, purple) overlapped with 1,643 peaks with decreased 5mC signal by AOA (from d, red). These epigenetic analyses showed that the effect of AOA and 2-HG on Foxp3 compared with other T-lineage-related genes is highly selective, despite their more broad effects on genome-wide DNA methylation and hydroxymethylation. Although demethylation at the Foxp3 locus promotes FOXP3 expression, the expression of many other genes is not regulated by DNA demethylation, such as *Rorc* and *Gata3*<sup>23</sup>. Treatment of T cells with AOA under T<sub>H</sub>17 cell conditions stabilizes FOXP3 expression, but does not have much of an effect on the expression of other lineage-specific transcription factors, such as Gata3 and Rorc. FOXP3 can antagonize the function of ROR $\gamma$ t to suppress expression of T<sub>H</sub>17 cell signature genes as well as recruit DNMT1 to the gene loci of proinflammatory cytokines or signature genes to promote methylation at these loci, suppressing their expression<sup>24</sup>. In addition, FOXP3 functions as both a transcriptional activator to directly activate its target genes required for iTreg cell differentiation/function, and a transcriptional repressor to directly suppress the genes associated with effector T cell function, resulting in iTreg cell fate<sup>25</sup>



## d. Quantification of cell numbers infitrated into CNS

		Mononuclear Cells (Mean±	IL-17+FOXP3- Cells (Mean±	FOXP3+IL-17- Cells (Mean±	FOXP3+ Cells/IL-
		s.e.m.)	s.e.m.)	s.e.m.)	17+Cells
Related to	PBS	791,143±100,439	72,763±9,633	69,131±9,510	0.950
Fig.4a-c	AOA	325,000±78,179	15,423±3,945	26,983±8,144	1.750
Related to	shControl	50,000±0	6,461±933	1,080±117	0.167
Fig.4d-g					
(Retrieved from FACS)	shGot1-1	19,804±5,555	575±420	657±326	1.143
Related to Extended Data Fig.9 (a-c)	shControl	618,333±77,949	62,171±16,143	4,592±783	0.074
	shGot1-2	130,714±27,177	7,594±1,452	5,924±1,146	0.78



Extended Data Figure 9 | shRNA knockdown of GOT1 ameliorated mouse EAE in a  $T_H$ 17-polarized adoptive transfer EAE model. a, Disease score. b, The T cells infiltrated into the central nervous system were analysed (gated on Thy1.1<sup>+</sup> cells), and representative flow cytometry data are shown. c, Statistics for the T cells infiltrated into the central nervous system (CNS). Data in a and c are mean  $\pm$  s.d. \*P < 0.05; \*\*P < 0.01; \*\*\*P < 0.001 by Student's *t*-test. d, Quantification of the numbers of cells infiltrated into the central nervous system regions. e, Schematic of our mechanistic model. The cell number in Fig. 4d–g was retrieved from flow cytometry data. Although we did not count the number of individual populations, we noticed that the total number of cells infiltrating into the central nervous system was reduced by *Got1* shRNA; fewer than 50,000 cells were recovered from the *Got1* shRNA group, whereas more than 50,000 cells were recovered from control mice. Thus, for mice receiving T cells infected with shRNA control virus, the cell number was calculated from a total of 50,000 live cells acquired by flow cytometry (this group of mice had a much higher number of total infiltrated cells, and we stopped acquiring cells after the total number reached the 50,000 threshold). Mice receiving T cells infected with *Got1* shRNA virus had fewer cells infiltrated into the central nervous system, and collected cells did not reach the 50,000 threshold during flow cytometry; therefore, the cell numbers represent all of the cells infiltrated into the central nervous system. Despite the low accuracy, *Got1* shRNA decreased the total absolute number of cells infiltrated into the central nervous system. For two other EAE experiments, cell numbers were counted immediately after isolating cells from the central nervous system.